

SEPT 2022

GEAR UP FOR
DANCE



ANNOUNCEMENTS:

Breakfast includes:
Fruit, juice and milk

Lunch includes:
Choice of vegetables, fruits and milk.

Breakfast is free for students.

Lunch:
Students:
Reduced is \$0.40
Paid is \$3.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOLIDAY

NO SCHOOL

NO SCHOOL

NO SCHOOL

Breakfast

Dutch Waffle
Lunch
Nachos

Breakfast

Taquito
Lunch
Tex Mex Stack

Breakfast

Kolache
Lunch
Enchiladas

Breakfast

Breakfast Burrito
Lunch
Walking Taco

Breakfast

Breakfast Sandwich
Lunch
Pizza

Breakfast

Breakfast Pizza
Lunch
Meatball Sub

Breakfast

Breakfast Sandwich
Lunch
Chicken Nuggets

Breakfast

Waffles
Lunch
Cheesy Bread Sticks

Breakfast

Breakfast Sandwich
Lunch
Chicken Parmesan

Breakfast

Pancake Wrap
Lunch
Breaded Pork Chop

Breakfast

Waffles
Lunch
Popcorn chicken

Breakfast

Breakfast Pizza
Lunch
Cheeseburger

Breakfast

Breakfast Sandwich
Lunch
Chicken Parmesan

Breakfast

Pancakes
Lunch
Boneless Chicken
Wings

Breakfast

Breakfast Sandwich
Lunch
Chicken Sandwich

Breakfast

Breakfast Burrito
Lunch
Hot Dog

Breakfast

French Toast
Lunch
Burrito

Breakfast

Pancakes
Lunch
Boneless Chicken
Wings



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 1/1/2022
www.SquareMeals.org

SEPTEMBER

WEEK OF: _____

ANNOUNCEMENTS:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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SEPTEMBER

GEAR UP

WITH A
HEALTHY
SCHOOL
MEAL!

TODAY'S MENU

ANNOUNCEMENTS



GEAR UP FOR
DANCE



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LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

SEPT

2022

EQUÍPATE PARA BAILAR



ANUNCIOS:

5

6

7

8

9

12

13

14

15

16

19

20

21

22

23

26

27

28

29

30

1

2

EQUÍPATE CON UN ALIMENTO ESCOLAR SALUDABLE



DEPARTAMENTO DE AGRICULTURA DE TEXAS
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SEPTIEMBRE

SEMANA DE: _____

ANUNCIOS:

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES



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SEPTIEMBRE

EQUÍ- PATE

CON UN
ALIMENTO
ESCOLAR
SALUDABLE

MENU DEL DIA

Blank area for the daily menu.

ANUNCIOS:



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