October 2009

			Thursday 1	***Friday 2***
			Breakfast: Biscuit & sausage, cereal, poptart, juice, milk **Lunch:** Chili Dog or Pepperoni Hot Pocket, corn, salad, fruit, apple crisp, milk	**Breakfast:** Cereal, cereal bar, granola bar, juice, milk **Lunch:** Corn Dog, or Chicken Nuggets, baked beans, salad, fruit, cherry frozen dessert, milk
Monday 5	***Tuesday 6***	***Wednesday 7***	***Thursday 8***	***Friday 9***
Breakfast: Biscuit with egg & cheese, cereal, cereal bar, juice, milk **Lunch**: Burrito or Philly Cheesesteak, pineapple, corn, fruit, cake, milk	**Breakfast:** Donut, cereal, poptart, juice, milk **Lunch**: Chili Mac or Turkey patty on bun, green beans, salad, cinnamon apples, fruit, cookie, milk	**Breakfast:** French toast sticks, cereal, granola bar, milk, juice **Lunch:** Chicken Nuggets or Hamburger on Bun, fries, carrot sticks, salad, fruit, applesauce, cookie, milk	**Breakfast:** Biscuit & sausage, cereal, poptart, juice, milk **Lunch:** Steak fingers or Pepperoni pizza, pinto beans, salad, fruit, brownie, milk	**Breakfast:** Cereal, cereal bar, granola bar, juice, milk **Lunch:** Ham & Cheese on Pretzel Bun or Lasagna, corn, salad, fruit, pudding, milk
Monday 12	***Tuesday 13***	***Wednesday 14***	***Thursday 15***	***Friday 16***
Breakfast: Biscuit with egg & cheese, cereal, cereal bar, juice, milk **Lunch:** Crispito or Tacos, pinto beans, fruit, cookie, milk	**Breakfast:** Donut, cereal, poptart, juice, milk **Lunch:** Pig in a blanket or Fajita, refried beans, peaches, carrot sticks, fruit, cookie, milk	**Breakfast:** French toast sticks, cereal, granola bar, milk, juice **Lunch:** Fish or Hamburger, fries, fruit, pudding, milk	**Breakfast:** Biscuit & sausage, cereal, poptart, juice, milk **Lunch:** Chicken nuggets or Hot pocket, pineapple, carrot sticks, rice krispy treat, fruit, milk	**Breakfast:** Cereal, cereal bar, granola bar, juice, milk **Lunch:** Nachos or Chicken burger, salad setup, pears, fruit, brownie, milk
Monday 19	***Tuesday 20***	***Wednesday 21***	***Thursday 22***	***Friday 23***
Breakfast: Biscuit with egg & cheese, cereal, cereal bar, juice, milk **Lunch:** Ham & cheese on pretzel bun or Grilled cheese, chicken noodle soup, pineapple, fruit, congo bar, milk	**Breakfast:** Donut, cereal, poptart, juice, milk **Lunch:** Soft taco or Chicken on bun, spanish rice, peaches, fruit, salad setup, brownie, milk	**Breakfast:** French toast sticks, cereal, granola bar, milk, juice **Lunch:** Chicken nuggets or BBQ on a bun, pinto beans, carrot sticks, applesauce, fruit, cookie, milk	**Breakfast:** Biscuit & sausage, cereal, poptart, juice, milk **Lunch:** Chef salad or Pepperoni pizza, celery sticks with peanut butter, salad, mixed fruit, fruit, pudding, milk	**Breakfast:** Cereal, cereal bar, granola bar, juice, milk **Lunch:** Salisbury steak or spaghetti, green beans, salad, fruit, pudding, milk
Monday 26	***Tuesday 27***	***Wednesday 28***	***Thursday 29***	***Friday 30***
Breakfast: Cereal, cereal bar, granola bar juice, milk **Lunch:** BBQ on a bun or Cheese pizza, applesauce, carrot sticks, fruit, cookie, milk	**Breakfast:** Donut, cereal, poptart, juice, milk **Lunch:** Chicken tenders or Hamburger, broccoli, mixed fruit, salad setup, fruit, pudding, milk	**Breakfast:** French toast sticks & sausage, cereal, granola bar, milk, juice **Lunch:** Hoagie sandwich or Turkey with gravy & rice, corn, applesauce, salad, fruit, cookie, milk	**Breakfast:** Biscuit & sausage, cereal, poptart, juice, milk **Lunch:** Chili Dog or Pepperoni Hot Pocket, corn, salad, fruit, apple crisp, milk	**Breakfast:** Cereal, cereal bar, granola bar, juice, milk **Lunch:** Corn Dog, or Chicken Nuggets, baked beans, salad, fruit, cherry frozen dessert, milk