

# January 2010

<b>Monday</b> 4	<b>Tuesday</b> 5	<b>Wednesday</b> 6	<b>Thursday</b> 7	<b>Friday</b> 8
<b>Breakfast:</b> Biscuit with egg & cheese, cereal, cereal bar, juice, milk <b>Lunch:</b> BBQ on a bun or Cheese pizza, applesauce, carrot sticks, fruit, cookie, milk	<b>Breakfast:</b> Donut, cereal, popart, juice, milk <b>Lunch:</b> Chicken tenders or Hamburger, broccoli, mixed fruit, salad setup, fruit, pudding, milk	<b>Breakfast:</b> French toast sticks & sausage, cereal, granola bar, milk, juice <b>Lunch:</b> Hoagie sandwich or Turkey with gravy & rice, corn, applesauce, salad, fruit, cookie, milk	<b>Breakfast:</b> Biscuit & sausage, cereal, popart, juice, milk <b>Lunch:</b> Chili Dog or Pepperoni Hot Pocket, corn, salad, fruit, apple crisp, milk	<b>Breakfast:</b> Cereal, cereal bar, granola bar, juice, milk <b>Lunch:</b> Corn Dog, or Chicken Nuggets, baked beans, salad, fruit, cherry frozen dessert, milk
<b>Monday</b> 11	<b>Tuesday</b> 12	<b>Wednesday</b> 13	<b>Thursday</b> 14	<b>Friday</b> 15
<b>Breakfast:</b> Biscuit with egg & cheese, cereal, cereal bar, juice, milk <b>Lunch:</b> Burrito or Philly Cheesesteak, pineapple, corn, fruit, cake, milk	<b>Breakfast:</b> Donut, cereal, popart, juice, milk <b>Lunch:</b> Chili Mac or Turkey patty on bun, green beans, salad, cinnamon apples, fruit, cookie, milk	<b>Breakfast:</b> French toast sticks, cereal, granola bar, milk, juice <b>Lunch:</b> Chicken Nuggets or Hamburger on Bun, fries, carrot sticks, salad, fruit, applesauce, cookie, milk	<b>Breakfast:</b> Biscuit & sausage, cereal, popart, juice, milk <b>Lunch:</b> Steak fingers or Pepperoni pizza, pinto beans, salad, fruit, brownie, milk	<b>Breakfast:</b> Cereal, cereal bar, granola bar, juice, milk <b>Lunch:</b> Ham & Cheese on Pretzel Bun or Lasagna, corn, salad, fruit, pudding, milk
<b>Monday</b> 18	<b>Tuesday</b> 19	<b>Wednesday</b> 20	<b>Thursday</b> 21	<b>Friday</b> 22
<b>Breakfast:</b> Biscuit with egg & cheese, cereal, cereal bar, juice, milk <b>Lunch:</b> Crispito or Tacos, pinto beans, fruit, cookie, milk	<b>Breakfast:</b> Donut, cereal, popart, juice, milk <b>Lunch:</b> Fish or Hamburger, fries, fruit, pudding, milk	<b>Breakfast:</b> French toast sticks, cereal, granola bar, milk, juice <b>Lunch:</b> Pig in a blanket or Fajita, refried beans, peaches, carrot sticks, fruit, cookie, milk	<b>Breakfast:</b> Biscuit & sausage, cereal, popart, juice, milk <b>Lunch:</b> Chicken nuggets or Hot pocket, pineapple, carrot sticks, rice krispy treat, fruit, milk	<b>Breakfast:</b> Cereal, cereal bar, granola bar, juice, milk <b>Lunch:</b> Nachos or Chicken burger, salad setup, pears, fruit, brownie, milk
<b>Monday</b> 25	<b>Tuesday</b> 26	<b>Wednesday</b> 27	<b>Thursday</b> 28	<b>Friday</b> 29
<b>Breakfast:</b> Biscuit with egg & cheese, cereal, cereal bar, juice, milk <b>Lunch:</b> Ham & cheese on pretzel bun or Grilled cheese, chicken noodle soup, pineapple, fruit, congo bar, milk	<b>Breakfast:</b> Donut, cereal, popart, juice, milk <b>Lunch:</b> Soft taco or Chicken on bun, spanish rice, peaches, fruit, salad setup, brownie, milk	<b>Breakfast:</b> French toast sticks, cereal, granola bar, milk, juice <b>Lunch:</b> Chicken nuggets or BBQ on a bun, pinto beans, carrot sticks, applesauce, fruit, cookie, milk	<b>Breakfast:</b> Biscuit & sausage, cereal, popart, juice, milk <b>Lunch:</b> Chef salad or Pepperoni pizza, celery sticks with peanut butter, salad, mixed fruit, fruit, pudding, milk	<b>Breakfast:</b> Cereal, cereal bar, granola bar, juice, milk <b>Lunch:</b> Salisbury steak or spaghetti, green beans, salad, fruit, pudding, milk